

Osmolite® 1.5 Cal

Complete, Balanced Nutrition® without fiber

OSMOLITE 1.5 CAL is therapeutic nutrition that provides complete, balanced nutrition for long- or short-term tube feeding for patients with increased calorie and protein needs, or for those with limited volume tolerance. For tube feeding. For supplemental or sole-source nutrition. Use under medical supervision.



Features

- Concentrated calories (1.5 Cal/mL) to help patients gain and maintain healthy weight.
- Fat blend contains high-oleic safflower, canola, and MCT oils. Patients who absorb lipids improperly may benefit from consuming a formula that contains MCTs as part of the fat source.
- 1500 Calories (1000 mL) provides at least 100% of the RDIs for 25 essential vitamins and minerals.
- Kosher.
- Halal.
- Gluten-free.
- Suitable for lactose intolerance.

Safety Precautions

- Not for IV use.
- Not suitable for people with galactosemia.

Availability

List Number	Item
64837	Osmolite 1.5 Cal / 8 fl oz (237 mL) Recloseable Carton / 24 ct
62699	Osmolite 1.5 Cal / 33.8 fl oz (1 L) Ready-To-Hang Prefilled Container / 8 ct

Ingredients

Unflavored Liquid

Water, Corn Maltodextrin, Sodium Caseinate, High Oleic Safflower Oil, Canola Oil, Soy Protein Isolate, Medium Chain Triglycerides, Calcium Caseinate. Less than 0.5% of: Potassium Citrate, Calcium Phosphate, Magnesium Chloride, Soy Lecithin, Sodium Citrate, Magnesium Phosphate, Ascorbic Acid, Potassium Chloride, Choline Chloride, Potassium Hydroxide, Potassium Phosphate, Taurine, L-Carnitine, Carrageenan, dl-Alpha-Tocopheryl Acetate, Ferrous Sulfate, Zinc Sulfate, Manganese Sulfate, Niacinamide, Copper Sulfate, Calcium Pantothenate, Riboflavin, Thiamine Hydrochloride, Pyridoxine Hydrochloride, Beta-Carotene, Vitamin A Palmitate, Folic Acid, Chromium Chloride, Sodium Molybdate, Potassium Iodide, Biotin, Phylloquinone, Sodium Selenate, Vitamin D3, and Vitamin B12.

Contains milk and soy ingredients.

Nutrition Information

	8 fl oz (237 mL)		33.8 fl oz (1 L)	
	Value	%DV	Value	%DV
Protein, g	14.9		62.7	
Fat, g	11.6		49.1	
Carbohydrate, g	48.2		203.6	

Dietary Fiber, g	0	0	
Total Sugars, g	2.5	10.5	
Added Sugars, g	2.5	10.5	
L-Carnitine, mg	36	150	
Taurine, mg	36	150	
Water, mL	181	762	
Calories	355	1500	
Vitamin A, mcg RAE	213*	900*	
Vitamin D, mcg	4.7	20	
Vitamin E, mg	14	60	
Vitamin K, mcg	40	170	
Vitamin C, mg	47	200	
Folate, mcg DFE	95	400	
Folic Acid, mcg	57	240	
Thiamin (Vitamin B1), mg	0.45	1.9	
Riboflavin (Vitamin B2), mg	0.76	3.2	
Vitamin B6, mg	0.54	2.3	
Vitamin B12, mcg	2.8	12	
Niacin, mg NE	4.7	20	
Choline, mg	142	600	
Biotin, mcg	7.1	30	
Pantothenic Acid, mg	1.9	7.9	
Sodium, mg	316	1330	
Potassium, mg	517	2180	
Chloride, mg	403	1700	
Calcium, mg	308	1300	
Phosphorus, mg	296	1250	
Magnesium, mg	100	420	
Iodine, mcg	36	150	
Manganese, mg	1.0	4.3	
Copper, mg	0.52	2.2	
Zinc, mg	3.1	13	
Iron, mg	4.3	18	
Selenium, mcg	18	74	
Chromium, mcg	19	80	
Molybdenum, mcg	30	128	

*116mcg RAE of Vitamin A activity supplied by 292 mcg of Beta-Carotene.

*490 mcg RAE of Vitamin A activity supplied by 1233mcg of Beta-Carotene.

Preparation

Instructions for Use:

8 fl oz Container

- Store unopened at room temperature; avoid extreme temperatures.
- Shake well prior to opening.
- After opening, refrigerate and consume product within 48 hours. If consuming product directly from the container, refrigerate and consume within 24 hours.

Oral Feeding

- May be used for total or supplemental nutrition.
- May be fed at room temperature or chilled.

Tube Feeding

- Follow physician's instructions.
- Adjust flow rate and volume according to patient's condition and tolerance.
- Feed at room temperature using a feeding pump or syringe.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.
- Avoid contamination during preparation and use.

Ready-To-Hang Container

All medical foods, regardless of type of administration system, require careful handling because they can support microbial growth. Follow these instructions for clean technique and proper setup to reduce the potential for microbial contamination.

NOTE: Failure to follow the **INSTRUCTIONS FOR USE** increases the potential for microbial contamination and may reduce hangtime.

- Administer product at room temperature.
- THOROUGHLY wash hands with soap and water before handling container or feeding set.
- Turn container upside down and SHAKE VIGOROUSLY, using a twisting motion for at least 10 seconds.
- DO NOT touch any part of the container or feeding set that comes into contact with the formula.
- When initiating feeding, follow physician's instructions. Adjust flow rate and volume according to patient's condition and tolerance.
- Additional fluid requirements should be met by giving water between or after feedings or when flushing the tube.

For Use with Enteral Feeding Pumps

- Remove dust cover from RTH Safety Screw Cap.
- Remove dust cover from feeding set connector.
- Insert feeding set connector into port of RTH Safety Screw Cap and completely pierce foil.
- Turn connector collar clockwise until it is securely fastened.
- Close clamp on set before inverting container.
- Invert container and suspend, using hanging ring on bottom of container.

Precautions

- Follow directions for use provided by manufacturer of feeding sets.
- Unless a shorter hang time is specified by the set manufacturer, hang product for up to 48 hours after initial connection when clean technique and only one new set are used. Otherwise hang for no more than 24 hours.